

MANGIARELLI REHABILITATION



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Telehealth at Mangiarelli Rehab

Mangiarelli Rehabilitation is now offering Telehealth physical therapy services to our patients as well as in-clinic treatment. Telehealth allows our physical therapy clinic to continue to serve patients who do not wish to leave their homes during the COVID-19 pandemic.

Telehealth allows patients to receive high quality and convenient physical therapy care to continue their treatment program and address new musculoskeletal pain. Virtual physical therapy allows people of all ages to safely keep moving and address pain or injury from the comfort of their own home.

Prior to the COVID-19 pandemic, physical therapy sessions were not covered by most medical insurances including Medicare. The Center for Medicare and Medicaid Services (CMS) announced that Medicare will cover e-visits with a physical therapist for its beneficiaries throughout the COVID-19 outbreak. Private insurance companies are now independently choosing to cover telehealth.

Using a video or telephone call, a Mangiarelli Rehabilitation physical therapist can continue a current treatment plan with a patient, treat new pain or symptoms, and assist in developing an exercise program to prevent decline. This care ensures patients receive needed medical care and helps reduce the overall health burden on hospitals and doctor's offices.



Dry Needling

Dry needling is a physical therapy treatment that treats acute and chronic pain. It can speed up the recovery process, improve a patient's ability to move with decreased pain, and enhance healing after an injury.

It involves the physical therapist pushing thin filiform sterile needles through the skin of the patient into trigger points to stimulate the tissue.

Dry needling can treat joint and disk problems, jaw and mouth problems, tendinitis, whiplash, repetitive motion disorders, migraine and tension-type headaches, spinal problems, back pain, neck pain, and pelvic pain.

Parkinson's Disease Awareness

April is Parkinson's Disease Awareness Month. Parkinson's is a neurodegenerative disease that affects millions of Americans and their families.

Physical therapy can help a Parkinson's patient maintain cognitive and physical functions. Physical therapy can help combat movement issues, impaired balance and coordination, and difficulty walking through a personalized treatment plan.

At Mangiarelli Rehabilitation, patients with Parkinson's disease can engage in boxing exercise, which uses modified non-contact boxing techniques.

Parkinson's diagnosis is a marathon, not a sprint, and Mangiarelli Rehabilitation is here to support a patient throughout the patient's journey with the condition.



Mangiarelli Rehabilitation's New Website

Check out Mangiarelli Rehabilitation's new website at www.mangiarellirehabilitation.com! On the website, we detail our services, treatments, and programs as well as outline what to expect as a patient, insurance guidelines, and how to request an appointment online. You can also follow our blog for in-depth looks at our staff and physical therapy treatments and programs.